aramark

November 2018 Breakfast Menu

BEX

Monday	Tuesday	Wednesday	Thursday	Friday
WHAT'S NEW? **2nd- Lucky Charms** **12th- Mini Cinnamon Creamy Cheese Bagels**			1 **Cinnamon Raisin Bagel** Cream Cheese Mixed Berry Applesauce Fruit Juice	2 ***New!*** **Lucky Charms** Animal Crackers Raisins Grape Juice
5 **Cinnamon Ultimate Breakfast Round** Mixed Fruit Cup Apple Juice	6 NO SCHOOL	7 **Apple Cinnamon Muffin** String Cheese Peach Applesauce Apple Juice	8 **Cheerios** Chocolate Bear Grahams Fresh Pear Grape Juice	9 **Chocolate Chip Muffin** Raspberry Yogurt Cinnamon Applesauce Fruit Juice
12 ***New!*** **Mini Cinnamon Creamy Cheese Bagels** Strawberry Applesauce Grape Juice	13 **Blueberry Muffin** Strawberry Banana Yogurt Craisins Orange Juice	14 **Apple Cinnamon Cheerios** Honey Bear Grahams Fresh Orange Grape Juice	15 **Fruity Cheerios Bar** String Cheese Applesauce Fruit Juice	16 **Frosted Flakes** Jungle Crackers Diced Peaches Apple Juice
19 **Chocolate Chip Ultimate Breakfast Round** Fresh Apple Slices Fruit Juice	20 **Mini Strawberry Creamy Cheese Bagels** Raisins Orange Juice	21 NO SCHOOL →	22	23
26 **Frosted Blueberry Poptarts** String Cheese Strawberry Applesauce Grape Juice	27 **Banana Muffin** Strawberry Banana Yogurt Golden Delicious Apple Orange Juice	28 **Fruity Cheerios** Animal Crackers Strawberry Banana Applesauce Fruit Juice	29 **Cinnamon Chex** Chocolate Bear Grahams Fresh Orange Grape Juice	30 **Chocolate Crescent** Watermelon Craisins Apple Juice

FUN FACTS

Knock Knock (Who's there?) Beans (Beans Who?)

Bean a while since I last saw ya!

What did the salad greens say to the hungry kid?

We'll make your mouth and tummy happy, if you lettuce!

Did You Know?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics. Milk is available with all meals.
- All Juice is 100% Fruit Juice *Item Contains Pork •Item Does Not Contain Meat ^Item Contains Fish
- Nutrition and Allergen Information available at: http:www/fspro.com/nutrition.html

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November 2018 Lunch Menu

AB/SSL

Monday	Tuesday	Wednesday	Thursday	Friday
WHAT'S NEW? **6th- National Nacho Day!** Celebrate with ordering our Nacho Combo which is a Beef Chili with Nacho Cheese on the side and Tortilla Chips to Dip with! **26th- French Toast Day!** Celebrate with ordering our Mini Cinnamon French Toast from Pillsbury!			**1** All- American Hamburger Ketchup / Mustard OR Chicken Penne Pasta w/ Tomato Cream Sauce Breadstick OR Turkey Chef Salad Ranch Dressing / Dinner Roll Sweet Potato Fries / Ketchup Fresh Apple TREATS *Mini Rice Krispies Treat*	**2** Crispy Chicken Sandwich BBQ Sauce OR Sloppy Joe Sandwich Jungle Crackers OR Crunchy Popcorn Chicken Salad Ranch Dressing / Breadstick Steamed Broccoli Fresh Celery Sticks Fresh Pear
5 Galaxy Cheese Deep Dish Pizza+ OR Mini Corn Dogs Ketchup / Mustard OR Fresh Apple & Cheese Plate+ Cool Ranch Doritos BBQ Black Beans Fresh Baby Carrots Watermelon Craisins	**6** NO SCHOOL	**7** Maple Waffles Bites Poultry Sausage OR All- American Hamburger Ketchup / Mustard OR All- American Salad * French Dressing / Dinner Roll Tater Tots / Ketchup Fresh Orange	**8** Crispy Popcorn Chicken Dinner Roll / BBQ Sauce OR Turkey Pepperoni Stuffed Pizza Sandwich OR Very Strawberry Yogurt w/ Trail Mix+ Scooby Doo Crackers Tossed Salad / Ranch Dressing Fresh Celery Sticks	**9** Ol' School Mac & Cheese+ OR Savory Salisbury Steak w/ Noodles OR Chopped Egg Chef Salad+ Ranch Dressing / Breadsticks Steamed Broccoli Fresh Baby Carrots Grape Juice
12 Grilled Cheese Toasty+ OR Meatball Sandwich OR Creamy Vanilla Yogurt w/ Trail Mix+ Animal Crackers Mashed Potatoes Fresh Baby Carrots Fresh Orange	**13** Chicken Tenders Dinner Roll / BBQ Sauce OR Strawberry Silver Dollar Pancakes Poultry Sausage OR Farmers Market Combo+ Cheddar Goldfish Crackers Tater Tots / Ketchup Mixed Berry Applesauce	**14** Mini Corn Dogs Ketchup / Mustard OR Homemade Penne Pasta Casserole+ OR Diced Ham Chef Salad* Ranch Dressing / Dinner Roll Sweet Golden Corn Apple Juice	**15** Rotini w/ Meat Sauce Breadstick OR Hot Diggity Dog Ketchup / Mustard OR Garden Salad w/ Cheese+ Ranch Dressing / Dinner Roll Fresh Broccoli Fresh Celery Sticks Strawberry Banana Applesauce	**16** Crispy Chicken Sliders BBQ Sauce OR Chicken Mashed Potato Bowl w/ Corn & Cheese - Dinner Roll OR Very Strawberry Yogurt w/ Trail Mix+ Bug Bites Cinnamon Grahams Black Beans Tossed Salad / Ranch Dressing Fresh Apple
19 Chicken Nuggets Cheddar Goldfish Crackers/ Ketchup OR All- American Hamburger Ketchup / Mustard OR Fresh Apple & Cheese Plate+ Cool Ranch Doritos Sweet Potato Fries / Ketchup Golden Delicious Apple	**20** Maple Silver Dollar Pancakes Poultry Sausage OR Hot Diggity Dog Ketchup / Mustard OR Farmers Market Combo+ Cheddar Goldfish Crackers Tater Tots / Ketchup Applesauce	**21** NO SCHOOL	**22**	**23**
26 *French Toast Day* Cinnamon French Toast Poultry Sausage OR Galaxy Pepperoni Deep Dish Pizza OR Very Strawberry Yogurt w/ Trail Mix+ Scooby Doo Crackers Sweet Potato Tater Tots / Ketchup Fresh Apple Slices	**27** Cheeseburger Stuffed Meatloaf Dinner Roll OR Gooey Turkey Ham & Cheese Melt OR Farmers Market Combo+ Cheddar Goldfish Crackers Mashed Potatoes Fresh Baby Carrots Fruit Juice	**28** Home-Style Spaghetti & Meatballs Dinner Roll OR Chicken Tenders Breadstick / BBQ Sauce OR Garden Salad w/ Cheese+ Ranch Dressing / Pretzel Goldfish Crackers Sweet Golden Corn Fresh Orange	**29** Hot Diggity Dog Ketchup / Mustard OR Mozzarella Stuffed Pizza Dippers+ Marinara Sauce OR Chopped Egg Chef Salad+ French Dressing / Dinner Roll Fresh Broccoli / Ranch Dressing Fresh Celery Sticks Fresh Apple	**30** Galaxy Pepperoni Deep Dish Pizza OR Kickin' Popcorn Chicken Breadstick / Ranch Dressing OR Creamy Vanilla Yogurt w/ Trail Mix+ Animal Crackers Black Beans Tossed Salad / Ranch Dressing Peach Applesauce

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